

Privacy Policy

The European General Data Protection law of 25th May 2018 requires that your personal data is looked after correctly.

By subscribing to the newsletter from the website, giving me your contact details in another capacity (in person, on the phone, or via email), or becoming a client of The Polished Onion, you agree to receive email communication from me. This happens roughly once a month – if I have more to say, maybe twice; if I'm super busy or need a break from it all, probably less.

Rest assured, The Polished Onion will never share or sell on any information you provide. For a start, I wouldn't know how to, even if I wanted to – which I most certainly don't. I hate receiving spam or unsolicited mail just as much as you do.

The health history and consent forms that I ask you to complete upon scheduling an initial appointment are solely for the benefit of providing you with the best possible treatment. Nobody else has, or will ever have, access to them. You are able to request to see these forms at any time (nothing is ever added to them).

The only cookies that I like in my life are the chocolate kind. If there is ever an IT whizz in the house who upgrades my website to include such complicated matters, you'll be the first to know.

If you're not loving the vibe any more, then you are totally at liberty to unsubscribe from the newsletters at any time, by clicking the link at the end of every posting.

Naturally, as long as you remain a client, I will still need to get in touch with you, privately, but this is a separate way of communicating (my email host) from the general information newsletters / blogs, which come via my website host.

Should you have any questions or concerns, feel free to get in touch at aloha@thepolishedonion.com. If anything ever changes about the way I collect or handle data, I will post an update here. Please check back for reviews.

Hopefully, we can stay friends with love & aloha, Anna xx